

Dreaming of a Snow Day



A NATURAL PILLOW SPRAY

ADD THE FOLLOWING TO A 2 OUNCE GLASS (OR PET PLASTIC) SPRAY BOTTLE:

- 3 DROPS LAVENDER EO
- 3 DROPS ORANGE EO
- 3 DROPS PEPPERMINT EO
- SPRINKLE OF EPSOM SALT (OPTIONAL)



FILL THE REMAINDER OF THE BOTTLE WITH WATER. SCREW THE TOP ON AND SHAKE GENTLY TO MIX.

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